

# The DISCOVERY WALKS & Mini-Photoshoots

## THE RENAISSANCE WALK SERIES - summer/fall 2021

Recover from the stress of this past COVID year by experiencing for yourself a « renaissance walk » where we'll connect with the healing powers of Chamonix's energy flow. We'll feel restored, our batteries recharged, our spirit renewed.

What's a Mini-photoshoot ? I will photograph you, with your own smartphone, while on the walk.

A great way to « get in the picture » and share the experience with your friends and loved ones.

**All the walks will take place on a private One to One basis.**

### A RENAISSANCE WALK IN ONE OF CHAMONIX'S MOST PRISTINE ENVIRONNEMENTS

Through contact with the healing powers of nature, now is an opportunity for reflection on how to evolve in our world's fragile environments. Originally designed for nature photographers, Teresa Kaufman hosts this walk for all visitors who can appreciate the music of bird songs, the discovery of rare flowers and the subtle odours of fields of wild grass while drawing energy from one of the valley's most enchanting natural environments. In order to respect the safe measures of social distancing, this Discovery and Photo Walk will be proposed on a private One to One basis for individual solo travelers, couples or very small families. It will take place in the late afternoon in an isolated neighborhood on the territory of Les Houches. The unique environment for this walk is especially healing due to its magnetic - and positive energy. The consoling and warm late-afternoon light and soothing silence adds to the sense of well-being.

Duration : approximately 3 hours.

Price : 60 € per person with a minimum of 2 persons. 120€ for one person.

A maximum of 4 persons on a walk. A reduced price will be offered for young children.

Tel. Teresa - +33 6 08 95 89 42 - [www.teresakaufman.com](http://www.teresakaufman.com)



15 / PRESS FILE SUMMER 2020

## PRICES FOR ALL THE DISCOVERY WALKS 2021

**Prices: 60€ per person with a minimum of 2 persons.**

**120€ for one person, solo.**

**Reduced rate as of 5 adults or more**

**Reduced rate for children or large families**

**Please contact me directly for details regarding the reduced rates**

**Duration : approximately 3 hrs depending on the itinerary.**

**Full day outings can be organised upon request.**

**Guided walks** on small village roads and paths.

History, tradition, architecture, wildlife... seen through your phone or camera lens.

Well-soled shoes and appropriate clothing for the weather.

Walking poles for those who like to use them.

**Transportation to the rendez-vous** : private car, local train (free with the cartes d'hôtes) or by car-pool.

In the event of very poor weather : A back-up date will be proposed.

**Réservations** necessary : **+33 (0)6 08 95 89 42**

**Other walk ideas :**

## A PERSONALISED PHOTOSHOOT

I propose a Personalised Photoshoot to capture & save the memory of the more exceptional moments of your Chamonix experience ; a genuine marriage proposal, a stolen moment with loved-ones, the unique complicity with your pets... Nothing staged for these shoots. All take place in natural environments with natural light conditions. Real emotions for you to save and share.

Each Personalised Photoshoot includes 20 high definition files.

**Contact me for prices and details.**

## DISCOVERY WALK WITH YOUR DOG & Mini-Photoshoot

A choice of itineraries that will please you and delight your dog. The mini-photoshoot will provide you with the images of you and your pet's shared complicity in a striking environment.

# A CHOICE OF DISCOVERY WALKS



## **THE RENAISSANCE WALK – COUPEAU, LES HOUCHES. EXPERIENCE EMPOWERMENT IN NATURE**

Perhaps the most impressive view of the Mont Blanc range is to be seen from this alpine plateau. Photographers come for the traditional architecture and rare alpine flowers. This walk is also known for its spiritual quality creating a sense of empowerment.



## **CHAMONIX – THE CLASSIC TOWN & COUNTRY WALK – A PLEASURE AT ALL SEASONS**

Discover downtown Chamonix followed by hill-top neighborhood to enjoy the view, the sun, some of the most beautiful gardens along with a fresh-water spring. We'll follow the season as the flowers and vegetables grow, bloom and change colours.



## **SERVOZ – A VILLAGE OF FARMS, ORCHARDS, ARTISTS AND A BAROQUE CHURCH**

Farmers, artists and top-notch chefs have chosen to live and express their talent here. Servoz is famous for its limestone fountains, bread ovens, rural architecture and red cows. Perhaps Chamonix valley's best kept secret.



## **TRÉLECHAMPS – A MOUNTAIN HAMLET NESTLED AMONGST FORESTS AND GLACIERS**

A story-book setting on an isolated plateau surrounded by glaciers: alpine chalets, a traditional mountain hut and remarkable gardens. We'll cross paths with the hikers and bikers on the famous Mont Blanc Trail on their way to food and drink at the hut.



### **VALLORCINE – A UNIQUE WALSER VILLAGE – MOUNTAIN LIFE-STYLE & OLD-WORLD TRADITIONS**

At the northern tip of the valley lies one of the most unique villages in the Alpes. We'll follow the grass-covered path through traditional Walser hamlets amongst fields of wild flowers and heritage cows graze. The local production of cheese and fruit jam make up the pride and joy of this rugged mountain community. If possible, we'll make a stop at the local village café.



### **CHAROUSSE, LES HOUCHES – A STEP BACK IN TIME TO A 19th CENTURY ALPINE PASTURE**

This well-hidden spot is suspended in time and carefully maintained by its inhabitants. We'll get there by walking up an old cow path through the forest before arriving to the original chalets, dominated by the majestic Mont Blanc range.



### **SWITZERLAND – THE CHARM OF FINHAUT AND THE WONDER OF GIETROZ AND IT'S SHEPHERD**

Just 10 minutes from Vallorcine and yet, so far away. Nostalgia and Swiss rurality paint the picture as we discover two unique villages ; Finhaut with its Victorienne charm and Gietroz where a gentleman-shepherd welcomes us to his alpine pasture.

### **HEALTH MEASURES FOR THIS SUMMER :**

To insure safety, the indicated health protocol will be applied.  
Please bring your mask for when social distancing will be challenging.  
All Discovery Walks will be proposed on a One to One PRIVATE basis.

[www.teresakaufman.com](http://www.teresakaufman.com)

Tel. 06 08 95 89 42

